



Prices

from 1st April 2026

THE JING METHOD

So much more than “just” a massage. Using a blend of fascial work, trigger point therapy, acupressure, stretching, and tailored self-care to reduce pain and improve movement—often within 1–6 sessions, depending on your body, history, and goals.

Discovery Video Call	Free
Initial Investigation	£90
Follow-Up Sessions	£55
Course of 4 Sessions	£200

THE EMOTIONAL RESET

The Emotional Reset is a gently held session for times when life feels overwhelming or emotionally heavy. Using a blend of myofascial release and holistic therapies, it supports your nervous system to settle, release tension, and feel more grounded.

45 Minutes	£55
90 Minutes	£100

www.angelamoulding.com



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GENTLE HOLISTIC SUPPORT

AromaSpa Back, Face & Scalp **£55**

AromaSpa 60 Minutes **£70**

AromaSpa 90 Minutes **£100**

Hot Stone Upgrade for AromaSpa **£10**

Reflexology **£55**

Reiki 45 Minutes **£55**

HOLISTIC BLISS

A deeply restorative sensory experience designed to ease stress, soften tension, calm the nervous system, and rebalance your energy.

90 minutes of you-time.

Includes:

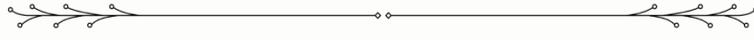
- Reflexology with hot-mitt cleanse
- Aromatherapy Shoulder, Face & Scalp Massage with a blend of oils chosen to support you
- Reiki

£111

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SUBSCRIPTIONS



If you've ever thought, "I should really book in more regularly..." This is for you.

Appointments with me are always limited – especially during school holidays.

A massage subscription gives you:

- *A treatment every month**
- *Priority booking up to 6 months ahead**
- *10% off additional full priced treatments, upgrades and retail**
- *Structured, ongoing care**

Because your body deserves more than last-minute availability.

PROTECT YOUR PEACE **£100 pcm**

One 90 minute massage every month*
Extended treatment time for deeper work
and full nervous system support.

RESTORE AND MAINTAIN **£55 pcm**

One 45 minute service every month* for
Focused maintenance and keeping tension
under control.

Subscriptions run for 12 months. Appointments are subject to availability, and cannot be carried over. For full terms and conditions visit the website.

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